

Astragalus



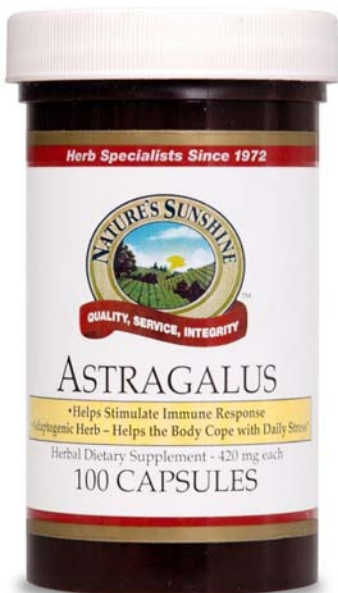
Thousands of years ago, practitioners of traditional Chinese Medicine used the root of Astragalus (*Astragalus membranaceus*) to support the immune, digestive, and lymph systems as well as tonify the blood and spleen. Modern science has proven these ancient healers were correct. Astragalus not only supports many important function in the body, it also increases stamina and energy so you can look and feel younger.



Astragalus is a native plant of China and Mongolia where it has been revered as one of nature's most potent healers. The Chinese name for Astragalus is "huang qi" which means "yellow leader", because of the root's yellow color and because it is one of the most important herbs in traditional Chinese medicine. The root, which grows up to six inches long, is harvested and dried in the sun before it used as medicine.

Astragalus is rich in a class of phytochemicals called polysaccharides which help stimulate the immune system and enhance red blood cell production. Modern clinical studies have shown that those with a compromised immune system can benefit from taking Astragalus on a daily basis. Another class of phytochemical found in Astragalus called flavonoids are responsible for the herb's antioxidant properties. Antioxidants help rid the body of free radicals caused by environmental toxins, eating processed foods, smoking, and exposure to the sun. The antioxidants in Astragalus counter these free-radicals before they have the chance to do damage to the body's cells.





- Supports, stimulates and enhances the immune system by increasing production of new immune cells and activating already existing cells.
- Contains potent antioxidants that help protect the body from free radical damage that can cause premature aging and other health issues.
- Increases stamina and energy so you look and feel younger
- Helps tonify the blood and the spleen
- Supports the lymph system by stimulating immune cells and spleen activity
- Nourishes the digestive system so it can function properly

Discover for yourself what traditional Chinese healers have known for thousands of years. Experience the immune-enhancing, energy-boosting, and protective effects of Nature's Sunshine's Astragalus today. And see the difference this miraculous herb can make in your life.



Your NSP Distributor



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